UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, DC 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE **SECURITIES EXCHANGE ACT OF 1934**

Date of Report (Date of earliest event reported): March 7, 2022

Ellington Residential Mortgage REIT (Exact name of registrant specified in its charter)

Maryland (State or Other Jurisdiction Of Incorporation) 001-35896

46-0687599 (Commission File Number) (IRS Employer Identification No.)

53 Forest Avenue Old Greenwich, CT 06870

(Address of principal executive offices, zip code)

Registrant's telephone number, including area code: (203) 698-1200

Not applicable

(Former name or former address, if changed since last report) Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the

following provisions:								
☐ Written communications pursuant to Rule 425	under the Securities Act (17 CFF	2 230.425)						
Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)								
Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))								
Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))								
Securities registered pursuant to Section 12(b) of the Act:								
Title of Each Class	Trading Symbol(s)	Name of Each Exchange on Which Registered						
Common Shares of Beneficial Interest, \$0.01 par value per share EARN The New York Stock Exchange								
Indicate by check mark whether the registrant is an emerging chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§ 2		ale 405 of the Securities Act of 1933 (§ 230.405 of this						
Emerging growth company \Box								
If an emerging growth company, indicate by check mark if the or revised financial accounting standards provided pursuant to Sect		the extended transition period for complying with any new \Box						

Item 2.02 Results of Operations and Financial Condition.

The information in this Item 2.02 and the disclosure incorporated by reference in Item 7.01 with respect to Exhibit 99.1 attached to this Current Report on Form 8-K are being furnished by Ellington Residential Mortgage REIT (the "Company") pursuant to Item 7.01 of Form 8-K in satisfaction of the public disclosure requirements of Regulation FD and Item 2.02 of Form 8-K, insofar as they disclose historical information regarding the Company's results of operations or financial condition for the quarter ended December 31, 2021.

On March 7, 2022, the Company issued a press release announcing its financial results for the quarter ended December 31, 2021. A copy of the press release is furnished herewith as Exhibit 99.1 to this Current Report on Form 8-K and is incorporated herein by reference.

In accordance with General Instructions B.2 and B.6 of Form 8-K, the information included in Item 2.02 and the disclosure incorporated by reference in Item 7.01 shall not be deemed "filed" for the purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liabilities of that section, nor shall it be deemed incorporated by reference into any filing made by the Company under the Exchange Act or the Securities Act of 1933, as amended (the "Securities Act"), except as shall be expressly set forth by specific reference in such a filing.

Item 7.01 Regulation FD Disclosure.

The disclosure contained in Item 2.02 is incorporated herein by reference.

Item 9.01 Financial Statements and Exhibits.

- (d) Exhibits. The following exhibits are being furnished herewith this Current Report on Form 8-K.
 - 99.1 Earnings Press Release dated March 7, 2022
 - 104 Cover Page Interactive Data File (embedded within the Inline XBRL document)

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

ELLINGTON RESIDENTIAL MORTGAGE REIT

Dated: March 7, 2022 By: /s/ Christopher Smernoff

Christopher Smernoff
Chief Financial Officer

Ellington Residential Mortgage REIT Reports Fourth Quarter 2021 Results

OLD GREENWICH, Connecticut—March 7, 2022

Ellington Residential Mortgage REIT (NYSE: EARN) (the "Company") today reported financial results for the quarter ended December 31, 2021.

Highlights

- Net loss of \$(2.8) million, or \$(0.21) per share.
- Core Earnings¹ of \$3.7 million, or \$0.28 per share.
- Book value of \$11.76 per share as of December 31, 2021, which includes the effects of dividends of \$0.30 per share for the quarter.
- Net interest margin² of 1.81%.
- Weighted average constant prepayment rate ("CPR") for the fixed-rate Agency specified pool portfolio of 20.7%³.
- Dividend yield of 12.3% based on the March 4, 2022 closing stock price of \$9.73.
- Debt-to-equity ratio of 6.9:1 as of December 31, 2021.
- Net mortgage assets-to-equity ratio of 7.1:1⁴ as of December 31, 2021.
- Cash and cash equivalents of \$69.0 million as of December 31, 2021, in addition to other unencumbered assets of \$16.7 million.

Fourth Quarter 2021 Results

"Ellington Residential was able to limit book value declines in what was a challenging quarter for Agency RMBS. Rising inflation triggered a pulling forward of expectations for the first interest rate hike, and an increased likelihood for additional rate increases in 2022, and an acceleration of the Federal Reserve's tapering schedule for balance sheet reduction. These shifts drove a sharp flattening of the yield curve and a spike in interest rate volatility, which caused yield spreads on many Agency RMBS to widen substantially over the course of the quarter," said Laurence Penn, Chief Executive Officer and President.

"Ellington Residential had a moderate economic loss for the fourth quarter, as net mark-to-market losses on our Agency RMBS exceeded net gains on our interest rate hedges and net carry from the portfolio. As with other periods of volatility, our dynamic interest rate hedging, active trading, and lower net leverage helped limit losses during the quarter.

"So far in 2022, interest rates have continued to increase, especially at the front end of the yield curve, and volatility has risen further, in response to an increasingly hawkish Federal Reserve and geopolitical uncertainty. These developments have triggered a sharp selloff in Agency RMBS and yield spread widening across many other fixed income sectors. We have actively traded our portfolio and have taken advantage of wider yield spreads by adding some attractively priced assets. At the same time, we continue to rely on our interest rate hedging and disciplined risk management to protect book value and put us in position to play offense as more opportunities arise."

¹ Core Earnings is a non-GAAP financial measure. See "Reconciliation of Core Earnings to Net Income (Loss)" below for an explanation regarding the calculation of Core Earnings.

 $^{^{\}rm 2}$ Net interest margin excludes the effect of the Catch-up Premium Amortization Adjustment.

³ Excludes recent purchases of fixed rate Agency specified pools with no prepayment history.

⁴ The Company defines its net mortgage assets-to-equity ratio as the net aggregate market value of its mortgage-backed securities (including the underlying market values of its long and short TBA positions) divided by total shareholders' equity. As of December 31, 2021 the market value of the Company's mortgage-backed securities and its net short TBA position was \$1.31 billion and \$(213.5) million, respectively, and total shareholders' equity was \$154.2 million.

Financial Results

The following table summarizes the Company's portfolio of RMBS as of December 31, 2021 and September 30, 2021:

	December 31, 2021				September 30, 2021											
(In thousands) Agency RMBS ⁽²⁾	Current Principal	Fair Value	Average Price ⁽¹⁾	Cost	Average Cost ⁽¹⁾	Current Principal	Fair Value	Average Price ⁽¹⁾	Cost	Average Cost ⁽¹⁾						
15-year fixed-rate mortgages	\$ 125,033	\$ 130,710	\$ 104.54	\$ 130,099	\$ 104.05	\$ 142,607	\$ 150,316	\$ 105.41	\$ 148,435	\$ 104.09						
20-year fixed-rate mortgages	35,732	36,347	101.72	37,211	104.14	37,387	38,515	103.02	38,925	104.11						
30-year fixed-rate mortgages	1,027,843	1,072,904	104.38	1,066,347	103.75	898,524	955,012	106.29	940,203	104.64						
ARMs	11,491	11,960	104.08	12,034	104.73	11,692	12,212	104.45	12,253	104.80						
Reverse mortgages	35,313	37,297	105.62	37,652	106.62	38,657	41,339	106.94	41,274	106.77						
Total Agency RMBS	1,235,412	1,289,218	104.36	1,283,343	103.88	1,128,867	1,197,394	106.07	1,181,090	104.63						
Non-Agency RMBS(2)	10,672	9,056	84.86	7,234	67.78	10,874	9,138	84.04	7,288	67.02						
Total RMBS(2)	1,246,084	1,298,274	104.19	1,290,577	103.57	1,139,741	1,206,532	105.86	1,188,378	104.27						
Agency IOs	n/a	10,289	n/a	12,983	n/a	n/a	11,774	n/a	14,255	n/a						
Non-Agency IOs	n/a	2,798	n/a	2,684	n/a	n/a	_	n/a	_	n/a						
Total mortgage-backed securities		\$ 1,311,361		\$ 1,306,244			\$ 1,218,306		\$ 1,202,633							

- (1) Represents the dollar amount (not shown in thousands) per \$100 of current principal of the price or cost for the security.
- Excludes IOs.

The Company's Agency RMBS holdings increased by approximately 8% to \$1.289 billion as of December 31, 2021, as compared to \$1.197 billion as of September 30, 2021. Over the same period, the Company's interest-only holdings increased to \$13.1 million from \$11.8 million, while its non-Agency RMBS holdings were roughly unchanged at \$9.1 million. The Company traded actively during the quarter, with Agency RMBS portfolio turnover of 49%, as compared to 23% in the prior quarter.

In conjunction with its larger portfolio at year end, the Company's debt-to-equity ratio increased to 6.9:1 as of December 31, 2021, as compared to 6.7:1 as of September 30, 2021; and its net mortgage assets-to-equity ratio increased to 7.1:1 as of December 31, 2021, as compared to 6.4:1 as of September 30, 2021.

During the fourth quarter, short-term interest rates rose sharply, actual and implied volatility increased, and the yield curve flattened as the Federal Reserve signaled that interest rate increases could be imminent. The Federal Reserve also began the tapering of its asset purchases in November, and then accelerated the pace of that tapering starting in December. In response to these developments, most Agency RMBS underperformed U.S. Treasury securities and interest rate swaps during the quarter, with higher-coupon specified pools and other shorter-duration RMBS particularly underperforming in light of the flattening of the yield curve.

The Company had a net loss for the quarter, as net realized and unrealized losses on its Agency RMBS exceeded net interest income and net realized and unrealized gains on its interest rate hedges due to higher interest rates.

Pay-ups on the Company's existing specified pool investments declined modestly during the quarter, while its new purchases during the quarter consisted of pools with lower pay-ups. As a result, the average pay-ups on the Company's specified pools declined to 1.07% as of December 31, 2021, as compared to 1.44% as of September 30, 2021. Pay-ups are price premiums for specified pools relative to their TBA counterparts.

During the quarter, the Company continued to hedge interest rate risk through the use of interest rate swaps and short positions in TBAs, U.S. Treasury securities, and futures. Similar to recent quarters, the Company ended the fourth quarter with a net short overall TBA position on a notional basis while maintaining a small net long overall TBA position as measured by 10-year equivalents. Ten-year equivalents for a group of positions represent the amount of 10-year U.S. Treasury securities that would be expected to experience a similar change in market value under a standard parallel move in interest rates. Similar to prior quarters, the Company concentrated its long TBAs held for investment in lower coupons, and its TBA short positions in higher coupons.

The Company's non-Agency RMBS portfolio, including non-Agency interest-only securities, generated modestly positive results during the quarter, driven by net interest income and net unrealized gains. The Company expects to vary its allocation to non-Agency RMBS as market opportunities change over time.

Finally, while the Company's Agency RMBS portfolio was larger as of December 31, 2021 as compared to September 30, 2021, its average RMBS portfolio size over the course of the fourth quarter was lower than that of the prior quarter. In addition, net interest margin declined, primarily due to higher costs of funds. For these reasons, the Company's Core Earnings decreased quarter over quarter.

Reconciliation of Core Earnings to Net Income (Loss)

Core Earnings consists of net income (loss), excluding realized and change in net unrealized gains and (losses) on securities and financial derivatives, and excluding, if applicable, any non-recurring items of income or loss. Core Earnings also excludes the effect of the Catch-up Premium Amortization Adjustment on interest income. The Catch-up Premium Amortization Adjustment is a quarterly adjustment to premium amortization triggered by changes in actual and projected prepayments on the Company's Agency RMBS (accompanied by a corresponding offsetting adjustment to realized and unrealized gains and losses). The adjustment is calculated as of the beginning of each quarter based on the Company's then-current assumptions about cashflows and prepayments, and can vary significantly from quarter to quarter. Core Earnings includes net realized and change in net unrealized gains (losses) associated with periodic settlements on interest rate swaps.

Core Earnings is a supplemental non-GAAP financial measure. The Company believes that Core Earnings provides information useful to investors because it is a metric that the Company uses to assess its performance and to evaluate the effective net yield provided by the portfolio. Moreover, one of the Company's objectives is to generate income from the net interest margin on the portfolio, and Core Earnings is used to help measure the extent to which this objective is being achieved. In addition, the Company believes that presenting Core Earnings enables its investors to measure, evaluate and compare its operating performance to that of its peer companies. However, because Core Earnings is an incomplete measure of the Company's financial results and differs from net income (loss) computed in accordance with GAAP, it should be considered as supplementary to, and not as a substitute for, net income (loss) computed in accordance with GAAP.

The following table reconciles, for the three-month periods ended December 31, 2021 and September 30, 2021, the Company's Core Earnings to the line on the Company's Consolidated Statement of Operations entitled Net Income (Loss), which the Company believes is the most directly comparable GAAP measure:

	Three-Month Period Ended								
(In thousands except share amounts and per share amounts)		ember 31, 2021	Sept	ember 30, 2021					
Net Income (Loss)	\$	(2,759)	\$	860					
Adjustments:									
Net realized (gains) losses on securities		1,540		(1,425)					
Change in net unrealized (gains) losses on securities		10,428		4,283					
Net realized (gains) losses on financial derivatives		(3,444)		3,042					
Change in net unrealized (gains) losses on financial derivatives		(1,315)		(3,291)					
Net realized gains (losses) on periodic settlements of interest rate swaps		(424)		(791)					
Change in net unrealized gains (losses) on accrued periodic settlements of interest rate swaps		(181)		123					
Negative (positive) component of interest income represented by Catch-up Premium Amortization Adjustment		(169)		1,213					
Subtotal		6,435		3,154					
Core Earnings	\$	3,676	\$	4,014					
Weighted Average Shares Outstanding		13,027,717		12,921,649					
Core Earnings Per Share	\$	0.28	\$	0.31					

About Ellington Residential Mortgage REIT

Ellington Residential Mortgage REIT is a mortgage real estate investment trust that specializes in acquiring, investing in and managing residential mortgageand real estate-related assets, with a primary focus on residential mortgage-backed securities for which the principal and interest payments are guaranteed by a U.S. government Agency or a U.S. government-sponsored enterprise. Ellington Residential Mortgage REIT is externally managed and advised by Ellington Residential Mortgage Management LLC, an affiliate of Ellington Management Group, L.L.C.

Conference Call

The Company will host a conference call at 11:00 a.m. Eastern Time on Tuesday, March 8, 2022, to discuss its financial results for the quarter ended December 31, 2021. To participate in the event by telephone, please dial (866) 342-8591 at least 10 minutes prior to the start time and reference the conference ID: EARNQ421. International callers should dial (203) 518-9713 and reference the same conference ID. The conference call will also be webcast live over the Internet and can be accessed via the "For Our Shareholders" section of the Company's web site at www.earnreit.com. To listen to the live webcast, please visit www.earnreit.com at least 15 minutes prior to the start of the call to register, download, and install necessary audio software. In connection with the release of these financial results, the Company also posted an investor presentation, that will accompany the conference call, on the Company's website at www.earnreit.com under "For Our Shareholders—Presentations."

A dial-in replay of the conference call will be available on Tuesday, March 8, 2022, at approximately 2:00 p.m. Eastern Time through Tuesday, March 15, 2022 at approximately 11:59 p.m. Eastern Time. To access this replay, please dial (800) 839-9374. International callers should dial (402) 220-6087. A replay of the conference call will also be archived on the Company's web site at www.earnreit.com.

Cautionary Statement Regarding Forward-Looking Statements

This press release contains forward-looking statements within the meaning of the safe harbor provisions of the Private Securities Litigation Reform Act of 1995. Forward-looking statements involve numerous risks and uncertainties. Actual results may differ from the Company's beliefs, expectations, estimates, and projections and, consequently, you should not rely on these forward-looking statements as predictions of future events. Forward-looking statements are not historical in nature and can be identified by words such as "believe," "expect," "anticipate," "estimate," "project," "plan," "continue," "intend," "should," "would," "could," "goal," "objective," "will," "may," "seek," or similar expressions or their negative forms, or by references to strategy, plans, or intentions. Examples of forward-looking statements in this press release include, without limitation, the Company's beliefs regarding the current economic and investment environment, the Company's ability to implement its investment and hedging strategies, the Company's future prospects and the protection of the Company's net interest margin from prepayments, volatility and its impact on the Company, the performance of the Company's investment and hedging strategies, the Company's exposure to prepayment risk in the Company's Agency portfolio, and statements regarding the drivers of the Company's returns. The Company's results can fluctuate from month to month and from quarter to quarter depending on a variety of factors, some of which are beyond the Company's control and/or are difficult to predict, including, without limitation, changes in interest rates and the market value of the Company's securities, changes in mortgage default rates and prepayment rates, the Company's ability to borrow to finance its assets, changes in government regulations affecting the Company's business, the Company's ability to maintain its exclusion from registration under the Investment Company Act of 1940 and other changes in market conditions and economic trends, including changes resulting from the economic effects related to the COVID-19 pandemic, and associated responses to the pandemic. Furthermore, forward-looking statements are subject to risks and uncertainties, including, among other things, those described in Item 1A of the Company's Annual Report on Form 10-K for the fiscal year ended December 31, 2020 which can be accessed through the link to the Company's SEC filings under "For Our Shareholders" on the Company's website (www.earnreit.com) or at the SEC's website (www.sec.gov). Other risks, uncertainties, and factors that could cause actual results to differ materially from those projected or implied may be described from time to time in reports we file with the SEC, including reports on Forms 10-Q, 10-K and 8-K. We undertake no obligation to update or revise any forward-looking statements, whether as a result of new information, future events, or otherwise.

ELLINGTON RESIDENTIAL MORTGAGE REIT CONSOLIDATED STATEMENT OF OPERATIONS (UNAUDITED)

		Three-Month Period Ended				Year Ended	
	Dec	December 31, 2021		September 30, 2021		December 31, 2021	
(In thousands except share amounts and per share amounts)							
INTEREST INCOME (EXPENSE)							
Interest income	\$	6,491	\$	5,463	\$	28,364	
Interest expense		(729)		(552)		(2,723)	
Total net interest income		5,762		4,911		25,641	
EXPENSES							
Management fees to affiliate		581		598		2,402	
Professional fees		169		223		938	
Compensation expense		129		203		721	
Insurance expense		97		99		377	
Other operating expenses		336		319		1,314	
Total expenses		1,312		1,442		5,752	
OTHER INCOME (LOSS)							
Net realized gains (losses) on securities		(1,540)		1,425		3,818	
Net realized gains (losses) on financial derivatives		3,444		(3,042)		(2,526)	
Change in net unrealized gains (losses) on securities		(10,428)		(4,283)		(36,090)	
Change in net unrealized gains (losses) on financial derivatives		1,315		3,291		8,600	
Total other income (loss)		(7,209)		(2,609)		(26,198)	
NET INCOME (LOSS)	\$	(2,759)	\$	860	\$	(6,309)	
NET INCOME (LOSS) PER COMMON SHARE:							
Basic and Diluted	\$	(0.21)	\$	0.07	\$	(0.50)	
WEIGHTED AVERAGE SHARES OUTSTANDING		13,027,717		12,921,649		12,683,761	
CASH DIVIDENDS PER SHARE:							
Dividends declared	\$	0.30	\$	0.30	\$	1.18	

ELLINGTON RESIDENTIAL MORTGAGE REIT CONSOLIDATED BALANCE SHEET (UNAUDITED)

	As of					
	De	December 31, 2021		September 30, 2021		December 31, 2020 ⁽¹⁾
(In thousands except share amounts and per share amounts)						
ASSETS Cash and cash equivalents	\$	69,028	¢	61,169	\$	58,166
	Ф	1,311,361	Ф	1,218,306	Ф	1,081,380
Mortgage-backed securities, at fair value Other investments, at fair value		309		309		1,061,360
Due from brokers		88,662		58,296		47,798
Financial derivatives—assets, at fair value		6,638		7,310		2,791
Reverse repurchase agreements		117,505		9,975		2,/31
Receivable for securities sold		117,505		7,022		_
Interest receivable		4,504		3,786		4,114
Other assets		4,504		502		270
	\$	1,598,466	\$	1,366,675	\$	
Total Assets	D	1,590,400	Ф	1,300,075	Ф	1,194,011
LIABILITIES AND SHAREHOLDERS' EQUITY						
LIABILITIES	\$	1 004 005	ď	1.000.107	ተ	1 015 245
Repurchase agreements	Э	1,064,835 255,136	\$	1,062,197	Ф	1,015,245
Payable for securities purchased Due to brokers		1,959		125,853 577		1,064
Financial derivatives–liabilities, at fair value		1,103		3,090		6,630
•		117,195		9,974		0,030
U.S. Treasury securities sold short, at fair value		1,311		3,881		3.456
Dividend payable Accrued expenses		1,236		,		5,456 918
Management fee payable to affiliate		581		1,207 598		626
Interest payable		885		398		470
Total Liabilities		1,444,241	_	1,207,775	-	
SHAREHOLDERS' EQUITY		1,444,241	_	1,207,775	-	1,028,409
Preferred shares, par value \$0.01 per share, 100,000,000 shares authorized; (0 shares						
issued and outstanding, respectively)		_		_		_
Common shares, par value \$0.01 per share, 500,000,000 shares authorized; (13,109,926, 12,935,358, and 12,343,542 shares issued and outstanding, respectively) ⁽²⁾		131		129		123
Additional paid-in-capital		238.865		236.869		229.614
Accumulated deficit		(84,771)		(78,098)		(63,335)
Total Shareholders' Equity		154,225	_	158,900	-	166,402
	<u></u>		d.		ተ	,
Total Liabilities and Shareholders' Equity	\$	1,598,466	\$	1,366,675	\$	1,194,811
SUPPLEMENTAL PER SHARE INFORMATION	Ф	44.50	Ф	40.00	¢	42.40
Book Value Per Share	\$	11.76	\$	12.28	\$	13.48

Derived from audited financial statements as of December 31, 2020.
 Common shares issued and outstanding at December 31, 2021 includes 163,269 common shares issued during the quarter under the Company's at-the-market program.