FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	OMB APPROVAL									
	OMB Number:	3235-0287								
	Estimated average burden									
П	haura nar raananaa	0.5								

	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See	
_	Instruction 1(b).	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* SIMON RONALD I					2. Issuer Name and Ticker or Trading Symbol Ellington Residential Mortgage REIT [EARN]									Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
(Last) 53 FOREST AVE	(First)	(Mid	ddle)		3. Date of Earliest Transaction (Month/Day/Year) 09/13/2022								_ ^	Officer (give til	tle below)			ecify below)		
(Street) OLD GREENWICH CT 06870				4.	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(State)	(Zip)																	
			Table I -	Non-De	erivative	Securi	ties Acc	uired,	Disp	osed of,	or Bei	neficially	Owned							
				Date	2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)				rities Acquired (A) or Dispos tr. 3, 4 and 5)		sposed Of	i. Amount of Securities Beneficially Owned following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial		
									v	Amount		(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)				Ownership (Instr. 4)		
Common shares of beneficial interest				09/	09/13/2022		A		6,761		A	\$0 ⁽¹⁾	20,522(2)		D					
Common shares of beneficial interest														26,240(3)			I	By Trust ⁽⁴⁾		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	urity (Instr. 3) Conversion or Exercise Price of Derivative Derivative Conversion or Exercise (Month/Day/Year) if any (Month/Day/Year) if any (Month/Day/Year)			ode (Instr. 8) D		. Number of lerivative Securities acquired (A) or disposed of (D) nstr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of So Underlying Derivative So 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Numb derivativ Securitie Benefici Owned	re O es Fe ally (E	10. Ownership Form: Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
Explanation of Dosponsos	Security			Code	v	(A)	(D)	Date Exercisa		expiration Pate	Title		Amount or Number of Shares		Followin Reported Transact (Instr. 4)	d tion(s)	(Instr. 4)			

- 1. The common shares of beneficial interest (the "Common Shares") were granted to the Reporting Person as an independent trustee under the Ellington Residential Mortgage REIT 2013 Equity Incentive Plan. The Common Shares will vest, subject to certain limitations, on September 12, 2023.
- 2. Excludes 4,204 common shares previously owned directly which were transferred to the Simon Family Trust (the "Trust") on September 14, 2022.
- 3. Includes 4,204 common shares previously owned directly which were transferred to the Trust on September 14, 2022.
- 4. The shares are held in the Trust. Mr. Simon is a trustee of the Trust. Mr. Simon and his wife are the beneficiaries of the Trust. Mr. Simon disclaims beneficial ownership of the reported securities except to the extent of his pecuniary interest therein.

Remarks:

/s/ Jason Frank, as attorney-in-fact for 09/15/2022

Ronald I. Simon ** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

 ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Exhibit 24

POWER OF ATTORNEY

The undersigned (the "Reporting Person") hereby constitutes and appoints Laurence Penn, Daniel Margolis, Lisa Mumford, Jason Frank, Daniel M. :

(1) prepare, execute in the undersigned's name and on the undersigned's behalf, and submit to the U.S. Securities and Exchange Commission (the

(2) execute for and on behalf of the Reporting Person, in the Reporting Person's capacity as an officer and/or director of Ellington Residentia

(3) do and perform any and all acts for and on behalf of the Reporting Person which may be necessary or desirable to complete and execute any

(4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of ber

The Reporting Person grants to such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisit

This Power of Attorney shall remain in effect until the Reporting Person is no longer required to file Forms 3, 4 and 5 with respect to the Rej

[Signature Page Follows]

IN WITNESS WHEREOF, the Reporting Person has caused this Power of Attorney to be executed on the 7th day of July, 2014.

Sign here: /s/ Ronald I. Simon, Ph.D. Print Name: Ronald I. Simon, Ph.D.