#### FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT C	F CHANGES	IN BENEFICIAL	<b>OWNERSHIP</b>

OMB APF	PROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     SIMON RONALD I			Ell	2. Issuer Name and Ticker or Trading Symbol Ellington Residential Mortgage REIT EARN												o of Reporting Person(s) to Issuer licable) tor 10% Owner					
(Last) (First) (Middle) 53 FOREST AVE			3. D	3. Date of Earliest Transaction (Month/Day/Year) 09/11/2014											Offic belov	er (give title w)		Other ( below)	(specify		
(Street) OLD GREENV	VICH CT	Γ 0	6870		4. If	Ame	endment	, Date o	of Orig	inal Fi	led (	(Month/Da	ay/Yea	ur)		. Indivine)	Forn	r Joint/Group n filed by One n filed by Mor on	e Repo	orting Pers	on
(City)	(St		Zip)																		
		Tabl	e I - Non	-Deriv	ative	Se	curitie	s Ac	quire	ed, D	isp	osed o	f, or	Ben	efici	ally	Owne	ed			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)				Exe Day/Year) if ar		Execution if any	2A. Deemed Execution Date, f any Month/Day/Year)		Transaction		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)				4 and Secu		cially I Following	Form (D) or	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									de \	<u>/</u>	Amount		(A) or (D)	Price		Transaction(s) (Instr. 3 and 4)				(11311. 4)	
Common shares of beneficial interest 09/11/				/2014			1	A		2,358	3	A	<b>\$0</b> <sup>(1)</sup>		8,974			D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																					
1. Title of Derivative Security (Instr. 3)  2. Conversion or Exercise (Month/Day/Year) Price of Derivative Security  3. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year)		Date, y/Year) _		saction e (Instr. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Expir (Mon	6. Date Exercisable and Expiration Date (Month/Day/Year)  Date Expiratio Date Date			7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)  Amour or Numbe of Title Shares		ount nber	Derivative Security (Instr. 5) Ben Own Foll Rep Trar		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	O Fe Di (I)	O. Ownership Form: Direct (D) Or Indirect O) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			

## **Explanation of Responses:**

1. The common shares of beneficial interest (the "Common Shares") were granted to the Reporting Person as an independent trustee under the Ellington Residential Mortgage REIT 2013 Equity Incentive Plan. 630 of the Common Shares vested on the date of grant, the remaining 1,728 Common Shares will vest, subject to certain limitations, on September 10, 2015.

# Remarks:

Exhibit 24 is attached.

/s/ Jason S. Frank as attorney-09/12/2014 in-fact for Ron Simon

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

#### POWER OF ATTORNEY

The undersigned (the "Reporting Person") hereby constitutes and appoints Laurence Penn, Daniel Margolis, Lisa Mumford, Jason Frank, Daniel M. LeBey, and Christopher C. Green, and each of them, as the Reporting Person's true and lawful attorney-in-fact to:

- (1) prepare, execute in the undersigned's name and on the undersigned's behalf, and submit to the U.S. Securities and Exchange Commission (the "SEC") a Form ID, including amendments thereto, and any other documents necessary or appropriate to obtain codes and passwords enabling the undersigned to make electronic filings with the SEC of reports required by Section 16(a) of the Securities Exchange Act of 1934 or any rule or regulation of the SEC;
- (2) execute for and on behalf of the Reporting Person, in the Reporting Person's capacity as an officer and/or director of Ellington Residential Mortgage REIT (the "Company"), Forms 3, 4 and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder;
- (3) do and perform any and all acts for and on behalf of the Reporting Person which may be necessary or desirable to complete and execute any such Form 3, 4 or 5, complete and execute any amendment or amendments thereto, and timely file such form with the SEC and any stock exchange or similar authority; and
- (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the Reporting Person, it being understood that the documents executed by such attorney-in-fact on behalf of the Reporting Person pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The Reporting Person grants to such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the Reporting Person might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact shall lawfully do or cause to be done by virtue of this Power of Attorney and the rights and powers herein granted. The Reporting Person acknowledges that the foregoing attorney-in-fact, in serving in such capacity at the request of the Reporting Person, is not assuming, nor is the Company assuming, any of the Reporting Person's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in effect until the Reporting Person is no longer required to file Forms 3, 4 and 5 with respect to the Reporting Person's holdings of, and transactions in securities issued by, the Company, unless earlier revoked by the Reporting Person in a signed writing delivered to the attorney-in-fact.

[Signature Page Follows]

IN WITNESS WHEREOF, the Reporting Person has caused this Power of Attorney to be executed on the 6th day of July, 2014.

Sign here: /s/ Ronald I. Simon Print Name: Ronald I. Simon, Ph.D.