FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average burden							
hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934													Estimated average burden hours per response:			0.5	
)(h) of the li			pany Act o	f 1940						
1. Name and Address of Re	eporting Perso	'n					cker or Tra			EIT [E	ARN]			nship of Reporti Il applicable)	ing Person((s) to Issuer	
Smernoff Chris					Ellington Residential Mortgage REIT [EARN]									Director		10% O	-
(Last)	(First)	(Mi	ddle)		3. Date of Earliest Transaction (Month/Day/Year)								Officer (give t		ncial Officer	specify below)	
53 FOREST AVENUE	(<i>y</i>	(,		1/04/202				,					CI	nei rinan	iciai Officei	
,				L													
(Street)				4	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)			
OLD GREENWICH	СТ	06	870										X	Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zij	o)		Form med by wore mail one reporting Ferson											3011	
			Table I -	Non-D	erivativ	e Secur	ities Acc	uired.	Disp	osed of	, or Bei	neficially	v Owned				
D				Date	insaction th/Day/Yea	2A. Deemed Execution Date, if any	on Date,			ties Acqui . 3, 4 and 5	red (A) or Di 5)	·	sed Of 5. Amount of Se Beneficially Own Following Repor		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial	
l l						(Month/Day/Ye	(Month/Day/Year)		v	Amount	mount (A) or (D) Prie		Price	Transaction(s) (Instr. 3 and 4)			Ownership (Instr. 4)
Common shares of beneficial interest								F ⁽¹⁾		1,0	08	D	\$7.16	17,314		D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative	rcise (Month/Day/Year) of tive	ar) Execution Date, if any (Month/Day/Year)	4. Trans Code (Ir		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)				ng Derivativ	of Securities e Security (Inst	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned	e Ownership s Form: Direc ally (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
	Security			Code	v	(D)	Date Expiration Date Title				Amount or Number of Shares		Following Reported Transaction(s) (Instr. 4)	ĭ ľ í			

Explanation of Responses:

1. On January 4, 2023, Ellington Residential Mortgage REIT (the "Issuer") withheld 1,008 common shares of beneficial interest (the "Common Shares") of the Issuer from Mr. Smernoff for payment of the tax liability incident to the vesting of Common Shares granted by the Issuer pursuant to the terms of the Issuer's 2013 Equity Incentive Plan.

Remarks:

/s/ Jason Frank, as attorney-in-fact for Christopher Smernoff 01/06/2023 ** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(y).
** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78f(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Exhibit 24

POWER OF ATTORNEY

The undersigned (the "Reporting Person") hereby constitutes and appoints Laurence Penn, Daniel Margolis, Jason Frank, Daniel M. LeBey, a

(1) prepare, execute in the undersigned's name and on the undersigned's behalf, and submit to the U.S. Securities and Exchange Commission

(2) execute for and on behalf of the Reporting Person, in the Reporting Person's capacity as an officer and/or director of Ellington Res.

(3) do and perform any and all acts for and on behalf of the Reporting Person which may be necessary or desirable to complete and execute(4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be

The Reporting Person grants to such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever re This Power of Attorney shall remain in effect until the Reporting Person is no longer required to file Forms 3, 4 and 5 with respect to the

[Signature Page Follows]

IN WITNESS WHEREOF, the Reporting Person has caused this Power of Attorney to be executed on the 23rd day of February, 2018.

Sign here: /s/ Chris Smernoff Print Name: Chris Smernoff