FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940												111P	Estimated average burden hours per response:					
1. Name and Address of Reporting Person [*] Miller David					2. Issuer Name and Ticker or Trading Symbol <u>Ellington Residential Mortgage REIT</u> [EARN]									nship of Reporti II applicable) Director		10%	Owner	
(Last) 53 FOREST AVENUE	(First)	(Mi	ddle)		3. Date of Earliest Transaction (Month/Day/Year) 09/10/2020									Ollicer (give ti	e title below) Other ((specify below)	
(Street) OLD GREENWICH (City)	CT (State)	06 (Zi;	870	4	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individ X	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(Sidle)	(21)	-	Non D	orivativ	Socur	ition Acc	wirod [licnor	od of	or Bor	oficially	Owned					
1. Title of Security (Instr. 3)					ansaction	2A. Dee Execut if any	2A. Deemed Execution Date,				ies Acqui 3, 4 and 5	red (A) or Di 5)	sposed Of	ed Of 5. Amount of Se Beneficially Own Following Repor		6. Ownership For Direct (D) or Indirect (I) (Instr.	Indirect Beneficial Ownership	
Common shares of beneficial interest					/10/2020)20		A		3,755 A			\$0 ⁽¹⁾	32,036		D	(Instr. 4)	
			Table I				es Acqui arrants,					ficially O ities)	wned					
Security (Instr. 3)	2. Conversion or Exercise Price of Derivative	e (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Se Underlying Derivative Se 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned	e Ownershi s Form: Dir ally (D) or Indirect (I	ect Beneficial Ownership	
	Security							Expiration Date			Title Ar			Following				

Explanation of Responses:

 The common shares of beneficial interest (the "Common Shares") were gran September 9, 2021. ed to the Re ter the Ellington Residential Mortgage REIT 2013 Equity Incentive Plan. The Common Shares will vest, subject to certain limitations,

Remarks:

<u>/s/ Jason Frank, as attorney-in-fact for</u> David Miller 09/14/2020 ** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 If the form is field by more than one reporting person, see Instruction 4 (b)(v).
 Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Exhibit 24

POWER OF ATTORNEY

The undersigned (the "Reporting Person") hereby constitutes and appoints Laurence Penn, Daniel Margolis, Lisa Mumford, Jason Frank, Daniel M. : (1) prepare, execute in the undersigned's name and on the undersigned's behalf, and submit to the U.S. Securities and Exchange Commission (the (2) execute for and on behalf of the Reporting Person, in the Reporting Person's capacity as an officer and/or director of Ellington Residentia (3) do and perform any and all acts for and on behalf of the Reporting Person which may be necessary or desirable to complete and execute any (4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of being Person grants to such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite This Power of Attorney shall remain in effect until the Reporting Person is no longer required to file Forms 3, 4 and 5 with respect to the Reporting Formation Formation Formation (Signature Fage Follows)

IN WITNESS WHEREOF, the Reporting Person has caused this Power of Attorney to be executed on the 1st day of July, 2014.

Sign here: /s/ David Miller Print Name: David Miller